

29 APRIL
SATURDAY

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SUNDAY

10:50 **TOURISTIC VISIT**
Bacalhôa Wine Cellar Museum
Visit to the exhibition and Moscatel wine tasting

14:00 **OPENING**
Pedro Pina - Health Councillor (CMS)
António Marques - Director School of Health (IPS)
Inês Alves - President (ANDO Portugal)

14:30 **PRE NATAL & POST NATAL DIAGNOSIS
IN SKELETAL DYSPLASIAS**
Sérgio Sousa - Clinical Geneticist (CHUC, ERN-BOND)
Cláudia Falcão Reis - Clinical Geneticist (CGMJM, CHUdSA)
João Freixo - Clinical Director (CGPP-IBMC, i3S)

15:15 **REHABILITATION IN SKELETAL
DYSPLASIAS IN CHILDREN & ADULTS**
Pedro Diogo Silva - Rehabilitation Medicine (SESARAM)
Paula Soares - Occupational Therapist (CHUC)
Ana Margarida Ferreira - Adult Physiatrist (CHUC)
Cláudia Aguiar - Physiotherapist (SESARAM)

16:00 **COFFEE BREAK**

16:30 **RESEARCH & INNOVATION IN
SKELETAL DYSPLASIAS**
Elena Muslimova (QED) Cemre Robinson (Sanofi)
Dorthe Viuff (Ascendis) Vincenzo Leo (BioMarin)

**PARALLEL
SESSIONS**

**PSYCHOSOCIAL DYNAMICS IN
SKELETAL DISPLASIAS**
Ana Diniz (EDUPA) **ANDO ROOM**

17:45 **WORK & EMPLOYMENT OPPORTUNITIES**
Sofia Bento - Researcher (ODDH-UL)

18:10 **NEEDS/PRIORITIES OF PEOPLE WITH
SKELETAL DYSPLASIA & FAMILIES**
Carolina Lemos (ICBAS-UP)

18:30 **ANDO SCHOLARSHIP 2023**
Inês Alves (ANDO Portugal)

20:00 **CONGRESS DINNER**

10:00 **NUTRITION FOR SKELETAL
DYSPLASIAS**
Cidália Pereira (IPLeiria)

10:25 **MOVEMENT & PHYSICAL
ACTIVITY**
José Silva (FPA)
João Amaral Mendes (FPDD)
Orlando Fernandes (Univ. of Évora)

11:10 **COFFEE BREAK**

**ACTIVE SESSION:
ADAPTED SPORTS**
José Silva (FPA) **OUTDOORS**

11:45 **OPEN ORAL PRESENTATIONS**
Diogo Pontes (FMUC)
Elisabete Silva (Judo Brava)
TBA*

**PARALLEL
SESSIONS**

**TAX & SOCIAL BENEFITS FOR
PEOPLE WITH DISABILITIES**
Vítor Monteiro (ContasConnosco) **ANDO ROOM**

12:15 **TOURISM & CULTURE WITHOUT
BARRIERS**
Hélia Saraiva (EHTP, EHTO)
Tiago Fortuna (Access Lab) **ANDO ROOM**

12:35 **PEOPLE & SPACES: ACCESSIBLE
ARCHITECTURE & DESIGN**
Diogo Martins (CityAble)
Maria José Lima (ANDO Portugal) **ANDO ROOM**

13:00 **LUNCH BREAK**

14:30 **RELAXATION EXERCISES:
STRATEGIES FOR CHRONIC PAIN**
Cláudia Aguiar - Physiotherapist (SESARAM) **OUTDOORS**

Moderators: Inês Alves & Carolina Lemos

DISCOVERING KNOWLEDGE AND EXPERIENCES
WWW.ANDOPORTUGAL.ORG